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# NeuroQuant<sup>®</sup>: Talking to your Doctor about Memory Changes and Memory Loss

Preparing for a doctor's visit helps you to get the best care possible for you or your loved one. Below you will find some information about memory loss and its possible causes,

including some helpful information on discussing NeuroQuant with your physician.

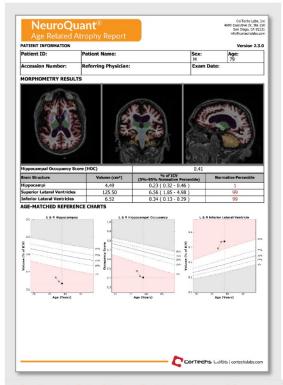
NeuroQuant is a FDA cleared software that helps physicians detect and measure changes in brain anatomy. Physicians use NeuroQuant when making clinical assessments of memory changes and memory loss, which may be caused by changes in brain anatomy, such as neurodegeneration and brain shrinkage (atrophy).

### **Possible Causes of Memory Changes in Aging**

	Brain Atrophy: Minimal	
Normal aging	Medications	Alcohol
Depression	Sleep Problems	Anxiety
Brain Atrophy: Excessive		
Alzheimer's disease Other Neurodegenerative Disorders		

Physicians use several evaluation tools to make an accurate assessment of memory loss in patients. One option is having a magnetic resonance imaging (MRI) scan of your brain taken. The NeuroQuant analysis is part of a physician prescribed MRI procedure.

NeuroQuant uses the images from the MRI scan to measure the volume of certain brain structures, which are important in the assessment of memory loss causes. A NeuroQuant report (see sample below) is then sent directly to your physician.



#### Discussing the Benefits of NeuroQuant with Your Physician

- NeuroQuant can help physicians evaluate if there is volume change of certain brain structures (Atrophy of the hippocampus and increased ventricles are commonly seen in Alzheimer's and other neurodegenerative disorders.)
- In cases where Alzheimer's is suspected, NeuroQuant can be used for ongoing tracking by taking an initial measurement and then a comparing it to a follow-up measurement (taken at a later date) to see if the brain structure volume has changed and at what rate
- NeuroQuant can also help in the evaluation of non-Alzheimer's dementia and to rule out Alzheimer's to focus on other causes of memory loss

## Early Detection in Memory Changes Benefits Physicians, Patients and Caregivers

- Allows for exploration and evaluation of various treatment options
- Less anxiety from a better understanding of what is happening
- Able to play an active role in disease management and make informed decisions

#### The Age Related Atrophy Report provides:

- Colored brain images captured from MRI
- Detailed measurements of the hippocampus, lateral ventricles, inferior lateral ventricles and the hippocampal occupancy score, which is important in the assessment of memory loss